

GUEST WELCOME NOTE

RECEPTION DESK

Check-in	15.00
Check-out	12.00
Working Hours	24 hours
Payments	Only at reception desk
Currency	AZN
Phone number	Dial "0" (zero)

RESTAURANTS & ROOM SERVICE

Breakfast	07.00 – 10.30
Lunch	13.00 – 15.00
Dinner	18.30 – 20.30
Rules	Not allowed take away food Only Casual wear No swimsuit & bathrobe
Room service	24 hours
Phone number	Dial "8603"
Bottled waters in room	Complimentary

ENTERA SPA CENTER

Working Hours	08.00 – 21.00
Outdoor pool	10.00 – 20.00
Indoor pool	08.00 – 21.00
Ladies time (indoor pool)	12.00 – 15.00 (daily)
Free facilities	Turkish hamam , Sauna, GYM, Salt & Pilates Rooms, Indoor and Outdoor Pools

MEDICAL CENTER

Working Hours	08.00 – 17.00 except Sundays
Medical Tests	08.00 – 10.00
Phone number	Dial "5"

ENTERTAINMENT

Free of charge	Volleyball, Tennis Court Basketball, Mini Golf, Mini football
By payment	Billiard -15 AZN (per hour) Bicycle - 10 AZN (per hour) Game Coins - 1 AZN

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EMERGENCY CALL

Dial "0"



Name of procedures and studies	Number of procedures								
Diagnostic block	7 day	8 day	9 day	10 day	11 day	12 day	14 day	16 day	21 day
Primary appointment with the attending physician	1	1	1	1	1	1	1	1	1
Repeated appointment with the attending physician	1	1	1	1	1	1	2	2	3
Visit to the attending physician	4	5	6	7	8	9	10	12	16
Final appointment with the attending physician	1	1	1	1	1	1	1	1	1
Clinical blood test	1	1	1	1	1	1	1	1	1
Biochemical blood test glucose	1	1	1	1	1	1	1	1	2
Biochemical analysis extended liver test (total bilirubin, ALT, AST)	1	1	1	1	1	1	1	1	1
Biochemical analysis Creatinine in blood	1	1	1	1	1	1	1	1	1
Biochemical analysis of lipid metabolism (total cholesterol, LDL, HDL, triglycerides)	1	1	1	1	1	1	1	1	2
Biochemical blood test Vitamin D	1	1	1	1	1	1	1	1	1
Biochemical blood test Glycohemoglobin	1	1	1	1	1	1	1	1	1
Biochemical blood test urea	1	1	1	1	1	1	1	1	1
Clinical urine analysis	1	1	1	1	1	1	1	1	2
Resting electrocardiography (ECG)	1	1	1	1	1	1	1	1	1
Ultrasound of the abdominal organs	1	1	1	1	1	1	1	1	1
Additional ultrasound examinations:									
<i>Ultrasound of the pelvic organs or</i>									
<i>Ultrasound of the thyroid gland or</i>	1	1	1	1	1	1	1	1	1
<i>Ultrasound of the breast</i>									
<i>Echocardiography</i>									
Appointment and consultation with a specialist doctor:									
<i>nutritionist or</i>									
<i>gynecologist or</i>	1	1	1	1	1	1	1	1	1
<i>otorhinolaryngologist or</i>									
<i>physiotherapist or</i>									
<i>neurologist</i>									
<i>cardiologist</i>	1	1	1	1	1	1	1	1	1
<i>cosmetologist-dermatovenerologist</i>	1	1	1	1	1	1	1	1	1
Wellness block	7 day	8 day	9 day	10 day	11 day	12 day	14 day	16 day	21 day
Diet food, buffet	Ежедневно								
Finnish sauna - free visit upon doctor's recommendation	6	7	8	9	10	11	12	14	18
Swimming pool – free swimming with thermotherapy (1 hour)	6	7	8	9	10	11	12	14	18
Open pool	6	7	8	9	10	11	12	14	18
Salt room	6	7	8	9	10	11	12	14	18
Health path - therapeutic dosed walking	Ежедневно								
Therapeutic exercise - group classes	6	7	8	9	10	11	12	14	18
Treatment block	7 day	8 day	9 day	10 day	11 day	12 day	14 day	16 day	21 day
Baths:									
<i>Naftalan full baths or</i>									
<i>Iodine-bromine baths or</i>									
<i>Mineral baths or</i>									
<i>Charcot shower or</i>									
<i>Naftalan four-chamber baths or</i>	6	7	8	9	10	11	12	14	18
<i>Hydromassage baths for upper and lower limbs or</i>									
<i>Special baths (aroma, herbal, mineral) or</i>									
<i>Underwater jet massage or</i>									
<i>Pearl baths</i>									



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 RESORT & SPA
 NAFTALAN

Massage and manipulation:									
<i>Classic manual massage (1.5 units) or</i>									
<i>Spinal traction or</i>									
<i>Physical therapy (individual classes) or</i>									
<i>Hardware lymphatic drainage massage (according to the protocol, maximum 3 times a week)</i>									
Paraffin therapy:									
<i>Paraffin therapy (face) or</i>									
<i>Paraffin therapy (neck + back) or</i>									
<i>Paraffin therapy (lower limbs) or</i>									
<i>Applications "Naftavit" or</i>									
<i>Paraffin therapy (upper limbs)</i>									
Hardware physiotherapy:									
<i>Treatment with infrared rays or</i>									
<i>Treatment with ultraviolet rays (locally) or</i>									
<i>Light bath or</i>									
<i>Shortwave diathermy or</i>									
<i>Microwave diathermy or</i>									
<i>Magnetic therapy or</i>									
<i>Electrotherapy or</i>									
<i>Galvanic 4-chamber bath or</i>									
<i>Amplipulse or</i>									
<i>Laser therapy or</i>									
<i>Shock wave therapy (according to the protocol maximum 2 times a week) or</i>									
<i>Darsanvalization or</i>									
<i>Phonophoresis with "Naftavit" or</i>									
<i>Ultrasound therapy</i>									
Specialized therapy:									
<i>Ozone therapy (iv infusion) (according to the protocol maximum 3 times a week) or</i>									
<i>Vaginal tampon with purified naphthalan or</i>									
<i>Gynecological massage or</i>									
<i>Gynecological application of tampons with medications (medicines not included) or</i>									
<i>Vaginal microenemas (medications not included) or</i>									
<i>Pneumopuncture (according to the protocol, maximum 1 time per week) or</i>									
<i>Nasal turundas with purified naphthalan or</i>									
<i>Cedar barrel</i>									
<i>Buson (lavage and manipulation) or</i>									
<i>Drug treatment of the outer ear or</i>									
<i>Inhalation or</i>									
<i>Superinductive system or</i>									
<i>Tampons with purified naphthalan or</i>									
<i>Rectal microenemas with purified naphthalan</i>									
Total medical procedures**	34	39	44	49	54	59	66	77	99

* The service is provided according to indications

** The total number of medical procedures included in the sanatorium-resort package is determined by the attending physician based on indications and contraindications.

