



TREATMENT PACKAGE "DISEASES OF THE MUSCULOSKELETAL SYSTEM"

Name of procedures and studies	Number of procedures																				
Diagnostic block	7 k/d	8 k/d	9 k/d	10k/d	11 k/d	12 k/d	13 k/d	14 k/d	15 k/d	16 k/d	17 k/d	18 k/d	19 k/d	20 k/d	21 k/d						
Appointment with the attending physician,	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
Initial Appointment with the attending physician,	1	1	1	1	1	1	1	2	2	2	2	2	2	2	3	3	3				
physician, follow-up Visit to the attending physician	4	5	6	7	8	9	9	10	11	12	12	13	14	15	16						
Final appointment with the attending physician	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
Clinical blood test Biochemical	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
blood test glucose Biochemical analysis	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	2
extended liver function test (ALT, AST)	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
Biochemical analysis Calcium in the blood	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
Biochemical analysis Creatinine in blood	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
Blood chemistry Glycohemoglobin Antistreptolysin O (ASO)	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
Rheumatoid factor (RF) C-reactive protein	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
(CRP) Clinical urine analysis Resting	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
electrocardiography (ECG) Chest X-ray	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
Ultrasound of abdominal organs	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	2
Appointment and consultation with a specialist doctor:	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
<i>Dentist or Urologist or gynecologist or Physiotherapist</i>	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
<i>Cardiologist</i>	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
<i>Dermatologist</i>	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
Health center Dietary	7 k/d	8 k/d	9 k/d	10k/d	11 k/d	12 k/d	13 k/d	14 k/d	15 k/d	16 k/d	17 k/d	18 k/d	19 k/d	20 k/d	21 k/d						
nutrition, buffet																					
Finnish sauna - free access upon doctor's recommendation	6	7	8	9	10	11	11	12	13	14	14	15	16	17	18						
Pool - free swimming with thermotherapy (1 hour) Turkish bath - free visit on doctor's recommendation	6	7	8	9	10	11	11	12	13	14	14	15	16	17	18						
	6	7	8	9	10	11	11	12	13	14	14	15	16	17	18						
Terrain cure – therapeutic dosed walking																					
Physiotherapy - group classes	6	7	8	9	10	11		12		14											18
Treatment block	7 k/d	8 k/d	9 k/d	10k/d	11 k/d	12 k/d	13 k/d	14 k/d	15 k/d	16 k/d	17 k/d	18 k/d	19 k/d	20 k/d	21 k/d						
Baths and water treatments: <i>Naphthalan baths or infrared treatment</i> or Light bath or <i>Iodine-bromine baths or Hydromassage baths for upper and lower extremities Massage and</i>	6	7	8	9	10	11	11	12	13	14	14	15	16	17	18						
manipulation: <i>Classic manual massage (1.5 units) or Spinal traction or Hardware lymphatic drainage massage or Physiotherapy (individual lessons)</i>	9	10	11	12	14	15	16	17	18	19	21	22	24	24	25						
Paraffin therapy: <i>Paraffin therapy (neck + back) or Paraffin therapy (lower limbs) or Paraffin therapy (upper limbs) Hardware</i>	6	7	8	9	10	11	11	12	13	14	14	15	16	17	18						
physiotherapy: <i>Infrared ray treatment</i> or Light bath or <i>Shortwave diathermy or Microwave diathermy or Magnetic therapy or Electrotherapy or Amplipulse or Laser therapy or Shock wave therapy (according to the protocol, maximum 2 times a week) or Darsanvalization or Phonophoresis with purified naphthalene or Hardware lymphatic drainage massage for upper and lower limbs or Ultrasound therapy</i>	6	7	8	9	10	11	11	12	13	14	14	15	16	17	18						
Specialized therapy: <i>High Intensity Laser Therapy or Energy vibrator</i>	5	6	7	8	9	10	11	12	13	14	15	16	17	17	18						
Total medical procedures**	32	37	42	47	53	58	60	65	70	75	78	83		89	92	97					

** The service is provided according to indications

The total number of medical procedures included in the spa treatment package is determined by the attending physician based on the indications and contraindications.